

Nonis Sports Field at UBC Okanagan Recreation Facility

Monthly Calendar For September 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 7:30a-1:30p 23/24 Nonis Field Maintenance (FIELD CLOSED) #2554 2p-4p WSOC Fall Training 4p-8:30p MSOC - GAME	2 8a-12p M Rugby Pre-Season Training 12p-5p WSOC - GAME 5p-9:30p MSOC - GAME
3 9a-12p WSOC Recovery Training Fall	4 3:30p-5p MSOC Fall Practice	5 4:30p-6p WSOC Fall Training 6p-8p MSOC Fall Practice 8p-10p M Rugby Fall Training 2023	6 4:30p-6p WSOC Fall Training 6p-8p MSOC Fall Practice	7 4:30p-6p WSOC Fall Training 6p-8p MSOC Fall Practice 8p-10p M Rugby Fall Training 2023	8 2:30p-7:30p WSOC - GAME	9 1:30p-2:30p Intramural Training 2:30p-8:30p WSOC - GAME
10	11 3:30p-5p MSOC Fall Practice	12 11a-1p HINT 331 4:30p-6p WSOC Fall Training 6p-8p MSOC Fall Practice 8p-10p M Rugby Fall Training 2023	13 3:15p-4:15p Dr. Knox Middle School Field Hockey 4:30p-6p WSOC Fall training 6p-8p MSOC Fall Practice	14 11a-1p HINT 331 4:30p-6p WSOC Fall Training 6p-8p MSOC Fall Practice 8p-10p M Rugby Fall Training 2023	15 5:15p-5:30p Men's Basketball	16
17 11a-1p WSOC Fall training 3p-7:45p Intramurals Fall	18 9a-12p WSOC Recovery Training Fall 3:30p-5p MSOC Fall Practice 5p-10p Intramurals Fall	19 4:30p-6p WSOC Fall Training 6p-8p MSOC Fall Practice 8p-10p M Rugby Fall Training 2023	20 3:15p-4:15p Dr. Knox Middle School Field Hockey 4:30p-6p WSOC Fall training 6p-8p MSOC Fall Practice 8p-10p Ultimate Frisbee SUO Club	21 7:30a-1:30p 23/24 Nonis Field Maintenance (FIELD CLOSED) #2554 2p-4p Register & Play Soccer 4:30p-6p WSOC Fall Training 6p-8p MSOC Fall Practice 8p-10p M Rugby Fall Training 2023	22 11a-2p WSOC Fall training 2p-7p MSOC - GAME 7p-10:30p WSOC - GAME	23 11a-2p WSOC Fall training 2:30p-8:30p WSOC - GAME
24 9a-12p WSOC Recovery Training Fall 12p-1p WSOC Fall training 3p-7:45p Intramurals Fall 7:45p-9:45p Intramurals Fall	25 3:30p-5p MSOC Fall Practice 5p-10:15p Intramurals Fall	26 4:30p-6p WSOC Fall Training 6p-8p MSOC Fall Practice 8p-10p M Rugby Fall Training 2023	27 3:15p-4:15p Dr. Knox Middle School Field Hockey 4:30p-6p WSOC Fall training 6p-8p MSOC Fall Practice 8p-10p Ultimate Frisbee SUO Club	28 2p-4p Register & Play Soccer 4:30p-6p WSOC Fall Training 6p-8p MSOC Fall Practice 8p-10p M Rugby Fall Training 2023	29 2:30p-8:30p MSOC - GAME	30 3p-7p EGSS Cricket

Nonis Sports Field - North at UBC Okanagan Recreation Facility

Monthly Calendar For September 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17 3:10p-3:50p F23 Competitive Cornhole: Baggin' & Bangin' vs No Wrong Holes 4:30p-5:10p F23 Competitive Cornhole: Individual Team 2 vs Corn Dawgz	18	19	20	21	22	23
24 3:10p-3:50p F23 Competitive Cornhole: Corn Dawgz vs Baggin' & Bangin' 4:30p-5:10p F23 Competitive Cornhole: No Wrong Holes vs Individual Team 2	25	26	27	28	29	30

Nonis Field Intra 1 at UBC Okanagan Recreation Facility

Monthly Calendar For September 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17 3:10p-4:05p F23 Ultimate Frisbee Competitive: Discy Business vs Individual Team 1 4:05p-5p F23 Ultimate Frisbee Competitive: Individual Team 2 vs TeamTitans 5p-5:55p F23 Ultimate Frisbee Recreational: Individual Team 2 vs Big Disc Dawgs 5:55p-6:50p F23 Ultimate Frisbee Recreational: Ultimate Alcoholics vs The Last Dodos 6:50p-7:45p F23 Ultimate Frisbee Recreational: Individual Team 1 vs Team awesome	18 5:10p-6p F23 Flag Football Competitive: UBCO Gambling Team vs fitbab 6p-6:50p F23 Flag Football Competitive: Green Bay Robis vs Individual Team 1 6:50p-7:40p F23 Flag Football Competitive: The Cats vs Washington Commanders 7:40p-8:30p F23 Flag Football Recreational: Balls Deep vs Individual Team 1 8:30p-9:20p F23 Flag Football Recreational: Ball slingers vs Foot With Balls	19	20	21	22	23

Nonis Field Intra 1 at UBC Okanagan Recreation Facility

Monthly Calendar For September 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
24 3:10p-4:05p F23 Ultimate Frisbee Competitive: TeamTitans vs Discy Business 4:05p-5p F23 Ultimate Frisbee Competitive: Individual Team 1 vs Individual Team 2 5p-5:55p F23 Ultimate Frisbee Recreational: Team awesome vs The Last Dodos 5:55p-6:50p F23 Ultimate Frisbee Recreational: Big Disc Dawgs vs Individual Team 1 6:50p-7:45p F23 Ultimate Frisbee Recreational: Individual Team 2 vs Ultimate Alcoholics 7:45p-8:40p F23 Ultimate Frisbee Recreational: Individual Team 1 vs Team awesome	25 5:10p-6p F23 Flag Football Competitive: Washington Commanders vs UBCO Gambling Team 6p-6:50p F23 Flag Football Competitive: Individual Team 1 vs The Cats 6:50p-7:40p F23 Flag Football Competitive: fitbab vs Green Bay Robis 7:40p-8:30p F23 Flag Football Recreational: Foot With Balls vs Balls Deep 8:30p-9:20p F23 Flag Football Recreational: Individual Team 1 vs Ball slingers	26	27	28	29	30

Nonis Field Intra 2 at UBC Okanagan Recreation Facility

Monthly Calendar For September 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17 3:10p-4:05p F23 Competitive Soccer Sunday: OnlyDubs vs Two Left Feet 4:05p-5p F23 Competitive Soccer Sunday: Pritchard FC vs Cuervos 5p-5:55p F23 Competitive Soccer Sunday: Individual Team 4 vs We Kick Balls 5:55p-6:50p F23 Competitive Soccer Sunday: Fire FC vs Individual Team 1 6:50p-7:45p F23 Competitive Soccer Sunday: Inter Kelowna vs trail mix	18 5:10p-6p F23 Competitive Soccer Monday: Foot Feelers vs Bussing 6p-6:50p F23 Competitive Soccer Monday: Finishing last vs Invincibles 6:50p-7:40p F23 Competitive Soccer Monday: ForcedInduction vs Rad Lads 8:30p-9:20p F23 Competitive Soccer Monday: Kick For Life vs Individual Team 1	19	20	21	22	23

Nonis Field Intra 2 at UBC Okanagan Recreation Facility

Monthly Calendar For September 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
24 3:10p-4:05p F23 Competitive Soccer Sunday: CREAMTEAM vs Pritchard FC 4:05p-5p F23 Competitive Soccer Sunday: MD FC vs Individual Team 3 5p-5:55p F23 Competitive Soccer Sunday: Individual Team 2 vs OnlyDubs 5:55p-6:50p F23 Competitive Soccer Sunday: Inter Kelowna vs Bangarneeek 6:50p-7:45p F23 Competitive Soccer Sunday: olivia rodrigo vs Blazers 7:45p-8:40p F23 Competitive Soccer Sunday: Inter Kelowna vs trail mix 8:40p-9:35p F23 Competitive Soccer Sunday: MD FC vs Nuke juice	25 5:10p-6p F23 Competitive Soccer Monday: Bussing vs Invincibles 6p-6:50p F23 Competitive Soccer Monday: Finishing last vs ForcedInduction 6:50p-7:40p F23 Competitive Soccer Monday: Kick For Life vs ENGR FC 7:40p-8:30p F23 Competitive Soccer Monday: Dubsonly vs Rad Lads 8:30p-9:20p F23 Competitive Soccer Monday: Individual Team 1 vs Foot Feelers 9:20p-10:10p F23 Competitive Soccer Monday: ENGR FC vs Dubsonly	26	27	28	29	30

Nonis Field Intra 3 at UBC Okanagan Recreation Facility

Monthly Calendar For September 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17 3:10p-4:05p F23 Competitive Soccer Sunday: Bangarneek vs Individual Team 2 5p-5:55p F23 Competitive Soccer Sunday: Blazers vs CREAMTEAM 5:55p-6:50p F23 Competitive Soccer Sunday: Brexit United vs olivia rodrigo	18 5:10p-6p F23 Recreational Soccer: Hold Me Dogz vs Individual Team 2 6p-6:50p F23 Recreational Soccer: Wasted Talent vs Madridistas 6:50p-7:40p F23 Recreational Soccer: It'sFootballNotSoccer vs Neural Network Ninjas 8:30p-9:20p F23 Recreational Soccer: wii not fit vs Go crazy	19	20	21	22	23

Nonis Field Intra 3 at UBC Okanagan Recreation Facility

Monthly Calendar For September 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
24 3:10p-4:05p F23 Competitive Soccer Sunday: Nuke juice vs Okanagan Defense Ministry 4:05p-5p F23 Competitive Soccer Sunday: Cuervos vs trail mix 5p-5:55p F23 Competitive Soccer Sunday: Brexit United vs We Kick Balls 5:55p-6:50p F23 Competitive Soccer Sunday: Two Left Feet vs Fire FC 6:50p-7:45p F23 Competitive Soccer Sunday: Individual Team 1 vs Individual Team 4 7:45p-8:40p F23 Competitive Soccer Sunday: Individual Team 3 vs Okanagan Defense Ministry	25 5:10p-6p F23 Recreational Soccer: Individual Team 2 vs Madridistas 6p-6:50p F23 Recreational Soccer: Wasted Talent vs It'sFootballNotSoccer 6:50p-7:40p F23 Recreational Soccer: Neural Network Ninjas vs otters no1 7:40p-8:30p F23 Recreational Soccer: wii not fit vs Individual Team 1 8:30p-9:20p F23 Recreational Soccer: Hold Me Dogz vs Go crazy 9:20p-10:10p F23 Recreational Soccer: Individual Team 1 vs otters no1	26	27	28	29	30

Nonis Field Intra 4 at UBC Okanagan Recreation Facility

Monthly Calendar For September 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17 3:10p-3:50p F23 Competitive Spikeball: The Spikeaholics vs Bumpin Uglies 3:50p-4:30p F23 Competitive Spikeball: Topia Twins vs Spike Force 4:30p-5:10p F23 Competitive Spikeball: Mountain Men vs FireChickens 5:10p-5:50p F23 Competitive Spikeball: The Net Ninjas vs Empire Spikes Back	18	19	20	21	22	23

Nonis Field Intra 4 at UBC Okanagan Recreation Facility

Monthly Calendar For September 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
24 3:10p-3:50p F23 Competitive Spikeball: Individual Team 2 vs Individual Team 3 3:50p-4:30p F23 Competitive Spikeball: King of the drop shot vs The Spikeaholics 4:30p-5:10p F23 Competitive Spikeball: Bumpin Uglies vs Spookball 5:10p-5:50p F23 Competitive Spikeball: The Net Ninjas vs The Ball Whisperers	25	26	27	28	29	30

Nonis Field Intra 4.5 at UBC Okanagan Recreation Facility

Monthly Calendar For September 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17 3:10p-3:50p F23 Competitive Spikeball: The Ball Whisperers vs King of the drop shot 3:50p-4:30p F23 Competitive Spikeball: Individual Team 4 vs Spike Tyson 4:30p-5:10p F23 Competitive Spikeball: Spookball vs Individual Team 2 5:10p-5:50p F23 Competitive Spikeball: Individual Team 3 vs Shahs of Spike	18	19	20	21	22	23

Nonis Field Intra 4.5 at UBC Okanagan Recreation Facility

Monthly Calendar For September 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
24 3:10p-3:50p F23 Competitive Spikeball: Spike Tyson vs Empire Spikes Back 3:50p-4:30p F23 Competitive Spikeball: FireChickens vs Individual Team 4 4:30p-5:10p F23 Competitive Spikeball: Spike Force vs Mountain Men 5:10p-5:50p F23 Competitive Spikeball: Shahs of Spike vs Topia Twins	25	26	27	28	29	30